



Summer Programs, 2011

Healthy Communities of Southern Inyo County

Telephone: 760.876.1011/Fax: 408.228.8701
 Email: info@HealthyCommunitiesOfSIC.org
 Web: www.HealthyCommunitiesOfSIC.org

PUBLIC SWIMMING POOLS IN INDEPENDENCE AND LONE PINE



SWIM SAFELY WITH LIFEGUARDS!

Call for information on hours and LEARN-TO-SWIM Program:

Independence Pool: (760) 878-2405 (Opens Week of June 13)

Lone Pine Pool: (760) 876-5040 (Opens Saturday, June 18)

AQUAROBICS AND ADULT LAP SWIMMING IN INDEPENDENCE AND LONE PINE (7-week program)

Lone Pine Memorial Plunge, Monday/Wednesdays from 6:15 p.m. – 7:15 p.m.

Independence (Owens Valley School) Pool, Tuesdays & Thursday from 4:15 p.m. – 5:15 p.m.

\$35 (Minimum of 10 people needed) Offered through Lone Pine Unified School District- Adult Education.

MOVIES IN LONE PINE PARK*— Friday Evenings (June 24 – August 19)

Beginning June 24 - FREE! Bring Drinks and Snacks.

8:30 p.m.* – 10:30 p.m. (*MOVIE STARTS AS SOON AS DARK)

MOVIES IN INDEPENDENCE DEHY PARK— Saturday Evenings

Beginning June 25 - FREE! Bring Drinks and Snacks.

8:30 p.m.* – 10:30 p.m. (*MOVIE STARTS AS SOON AS DARK)



YOUTH DANCES AT LONE PINE STATHAM HALL

Fridays: To be announced. Call Healthy Communities for information.

Time: 9:00 p.m. – Midnight

Admission: \$3.00 donation

July 8 & 22, and August 5 & 19

JUNIOR GOLF LESSONS - MT. WHITNEY GOLF COURSE (3-day Sessions)

Session I: July 12, 13 & 14 from 9:00 a.m. to 11:00 p.m.

Session II: August 9, 10 & 11 from 9:00 a.m. to 11:00 p.m.

Call Healthy Communities for dates and to enroll

Cost: Only \$15.00 for 3 lessons!



OPEN GYM (Basketball & Volleyball) - June 22 – August 22

Independence (Owens Valley School Gym) –Thursday Evenings 6:00-9:00 p.m. Additional days and times may be announced.

Lone Pine High School Gym– Monday through Friday 1:00 p.m.-5:00 p.m.

Olancho School Gym– Thursday 6:00 p.m. – 9:00 p.m.

Summer Youth Employment Opportunities for Youth 14-18 Years of Age. Call Healthy Communities for Details.

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YOUTH CENTERS - Activities for youth

Independence (Owens Valley School Kids Club) – PENDING APPROVAL

Monday – Thursday, 3:00 p.m. – 7:00 p.m., Saturday 1:00 – 5:00 p.m.

Olancho School Youth Center

Monday, Wednesday, Saturday, 4:00 p.m.-8:00 p.m.

MORE KIDS BACK IN THE WOODS – FREE! Limited Enrollment!

For 7-12 year-olds in Big Pine, Independence and Lone Pine.

Limited to the FIRST 15 participants from each community to register.

6-Week Outdoor Nature Skills Program July 5th through August 12, 2011

Tuesdays – Big Pine; Wednesdays – Independence; and Thursdays – Lone Pine

- Sessions in local parks and bus field trips: Outdoor nature skills, including how to set up camp and cook, hikes, canoeing, learn wilderness first aid, and more!
- Call the White Mountain Ranger Station at (760) 873-2503 for more information and to register.

(Partnered with the Inyo National Forest and the Inyo County Office of Education)



FAMILY FUN IN THE PARK: IT'S FREE! -Starts on July 5

Lone Pine Park – Tuesdays and Thursdays, 10:00 a.m. to Noon

BRING THE LITTLE ONES! For Infants through Elementary School age

- Books, storytelling, arts & crafts, games, physical activities & healthy snacks offered along with a new theme each week.

YOGA WITH SABINE (Lone Pine Lions Club)

Tuesdays, 5:30 p.m. – 6:45 p.m.

- Fundamental Hatha Yoga postures, deep breathing, relaxation methods, body awareness, and alignment.
- Call Instructor Sabine Elia at (760) 872-3883 for more information



JOIN Z-FITNESS FUN! Exercise with a Latin Flavor! –It's Free! Open to All.

Monday - Thursdays, 5:00 - 6:00 p.m.



- Volunteer-led community group meets at Statham Hall in Lone Pine
- Burn calories and energize your body!
- Wear comfortable clothing and appropriate athletic shoes.
- For more information call Carrie McDivitt @ (760) 264-3074 or Healthy Communities

Contact us to be put on our mailing list of activities!

Please leave your name, phone number, address and/or email address.

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